

Daily Sandwich Menu - Made today - Sold today

French Baguettes

Bacon & Brie	£2.00
Cajun Chicken, Yoghurt & Mint Dressing & Coriander	£2.00
Ham, Emmental Cheese & Cucumber	£2.00
Houmus, Falafel & Cucumber	£1.90
Mexican Tuna	£1.90
Mozzarella, Tomato & Basil	£1.85

Italian Style Baguettes

Brie & Grapes	£1.90
Brie, Cranberry Sauce & Mixed Leaf	£1.90
Chicken Piri Piri & Coriander	£2.00
Chorizo & Cheddar Cheese	£2.00
Egg Mayo & Bacon	£1.90
Mature Cheddar Cheese, Chutney & Mixed Leaf Salad	£1.90
Roast Chicken & Sweetcorn Mayo	£1.95
Salami & Smoked Cheese	£2.00

Bagel Boxes

Emmental Cheese & Jalapeno Peppers	£1.65
Salted Beef, Gherkin, Mustard & Sour Cream	£1.65
Smoked Salmon & Cream Cheese	£1.85

Thick Granary Sandwiches

Prawns & Egg in a Pepper Sauce	£1.95
Three Cheese, Onion Relish & Leaf	£1.80
Egg Mayo & Cress	£1.60
Salt Beef, Dill, Mustard & Rocket	£1.90

Wraps

Hoi-Sin Duck, Spring Onion & Radicchio	£2.00
Minted Lamb & Cos Lettuce	£2.00
Cajun Chicken & Coriander	£2.00
Veg Kebab, Spicy Avocado & Red Pepper	£1.95
Veg Kebab, Houmus & Cucumber	£1.95
Chicken, Guacamole & Red Onion	£2.00

Tomato Focaccia

Chicken, Tomato & Watercress	£1.90
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Torpedos

Mixed Seed - Egg Florentine	£1.80
Mixed Seed - Roast Beef, Mustard Mayo	£1.95
Mixed Seed - Turkey, Red Onion Relish...	£2.05
Mixed Seed - Chicken Mayo & Avocado	£2.00
Mixed Seed - Turkey, Mustard Mayo & Salad	£1.95
Poppy Seed - Smoked Cheese & Salad	£1.90

Box Salads

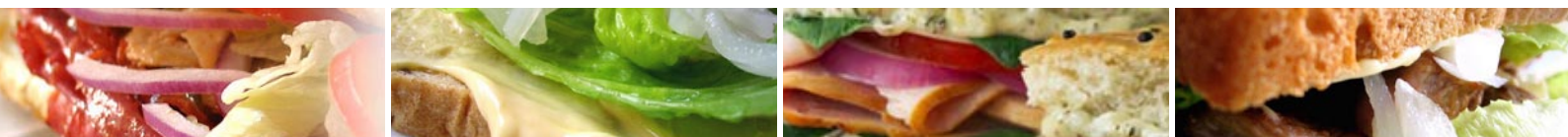
Turkey & Salad	£1.95
Houmus & Falafel	£1.95
Brie & Salad	£1.95
Mozzarella & Salad	£1.95
Ham & Salad	£1.95
Emmental & Salad	£1.95
Chicken Mayo & Salad	£1.95

Fork Salads

Mexican Rice	£1.80
Tuna Pasta	£1.80
Spicy Chicken	£1.80
Chow Mein	£1.80
Coronation Chicken & Rice	£1.80
Italian Pasta	£1.80
Chicken Masala	£1.95
Thai Noodle	£1.80
Tuna Nicoise	£1.80
Fresh Fruit	£1.80
Fresh Pineapple	£1.80

Samosas

Vegetable, Lamb or Chicken	£0.75
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Bloomers

Chicken Royale & Cos Lettuce on Granary	£1.90
Extra Thick Walnut: Gruyere Cheese, Caramelised Onion	£1.95
Chicken Caesar & Cos Lettuce	£2.00

Ciabattas

Bacon, Lettuce & Tomato	£2.00
Chicken Mayonnaise & Avocado	£1.95
Parma Ham & Rocket	£2.00
Salami & Smoked Cheese	£1.95

Sun Dried Tomato Ciabattas

Turkey, Bacon, Cranberry Mayo & Frizzy	£2.00
Chicken, Toasted Almonds & Rocket	£1.95
Mozzarella, Avocado & Tomato	£2.00

Mini Ciabattas

Mozzarella, Pesto, Tomato & Basil	£1.25
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Crusty Rolls

Cheddar Cheese & Branston Pickle	£1.10
Cheddar Cheese & Onion	£1.10
Cheddar Cheese & Tomato	£1.10
Tuna Mayonnaise & Cucumber	£1.10

Sunflower Baps

Crayfish, Lemon Mayo & Rocket	£2.25
Houmus, Grated Carrot, Jalapeno, Cucumber	£1.90
Tuna Mayonnaise, Sweetcorn & Cucumber	£1.90

Other Speciality Breads

Breakfast Bap - Bacon, Sausage, Egg Mayo & Tomato (on Granary)	£1.90
Cheese & Onion Boat - Egg Mayo & Cress	£1.80
Croissant - Cheddar Cheese & Tomato	£1.75
Croissant - Ham & Emmental Cheese	£1.80
Garlic & Herb Flat Focaccia	
Mozzarella, Pesto, Tomato & Basil	£1.90
Honey Bloomer	
Ham & Watercress in a Mild Mustard Sauce	£2.00
Mega Granary Sandwich - Roast Turkey, Cumberland Sausage & Rocket Salad	£2.05
Mix Seed Bap - BBQ Chicken, Tomato & Cos	£1.95
Mix Seed Bap - Turkey, Bacon, Cranberry Mayo & Mixed Leaf	£1.95
Onion Pretzel - Mexican Cheese	£1.60
Pizza Hat - Tuna Mayonnaise & Cucumber	£1.90
Rye Bread - Salt Beef, Mustard Mayo & Salad	£1.95
Semolina Sub - Mozzarella, Smoke Tomatoes, Red Onion & Rocket	£1.95
Semolina Long Sub - Mediterranean Chicken, Crispy Chorizo, Roasted Pepper & Rocket	£2.10
Thick Sun-dried Tomato & Olive Sandwich Bread - Brie, Grape, Cranberry & Mixed Leaf	£1.90

Crisps, Cakes & Chocolate

Walkers Crisps	£0.40
Walkers Sensation Crisps	£0.55
Assorted Chocolate Bars	£0.45
Muffins	£0.70
Flapjacks/Brownies/Shortbread	£1.00
Eat Natural Bars	£1.00
Yummy Cakes	£1.25

Pastries

Pastry Roll - Sausage	£1.25
Pastry Roll - Spinach	£1.25
Danish Pastries	£0.75

Soup

Various Flavours	£1.35
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Fresh Fruit

Apples	£0.35
Bananas	£0.40
Oranges	£0.40

Drinks

Fresh Orange Juice 250ml	£0.95
Canned Drinks - Coke, Diet Coke	£0.50
Smoothies - Orange/Mango, Strawberry/Rasp	£1.40

SPECIALS OF THE SEASON

Semolina Long Sub/French Baguette Mediterranean Chicken, Crispy Chorizo, Roasted Peppers & Rocket	£2.10
Tomato Tortilla Wrap Feta, Smoked Tomato Relish, Houmus & Mixed Leaf	£2.10